

CATERING MENU

Executive Morning Breakfast

Perfect for home morning get-togethers or office meetings.

An assortment of our delicious hand rolled bagels arranged with:

- Regular cream cheese, butter and grape jelly in containers
- My Three Sons gourmet coffee
- Paper goods, milk, sugar (for coffee) and cutlery all included

6.95 per person • minimum 10 guests

Platinum Morning Breakfast

Perfect for home morning get-togethers or office meetings.

An assortment of our delicious hand rolled bagels arranged with:

- Regular cream cheese, vegetable cream cheese, scallion cream cheese, butter and grape jelly on a platter
- Mixed mini-muffins, minifruit and cheese danish
- Petite fruit platter
- My Three Sons gourmet coffee
- Apple juice and orange juice
- Paper goods, milk, sugar, (for coffee) and cutlery all included

12.99 per person • minimum 10 guests

Wrap Platters

Over-stuffed wraps with your choice of Boars Head cold cuts or our signature homemade salads beautifully arranged on a platter which includes:

- Macaroni Salad - Potato Salad - Coleslaw

8.99 per guest • minimum 10 guests

Fresh Fish Platter

- Thinly sliced Nova Lox arranged on a platter over a bed of lettuce
- Sliced tomato, red onions, cucumbers & capers served on a tray
- Regular cream cheese, vegetable cream cheese, scallion cream cheese and butter on a platter
- An assortment of our delicious hand rolled bagels

11.99 per guest • minimum 10 guests

Cheese Platter

- Assorted Boars Head cheeses cut into cubes on a bed of lettuce garnished with pimento olives or grapes

49.99 serves 10 - 15 guests

Prices may vary & prices subject to change without notice

Heros and Party Bagels

All of our cold cut heros and party bagels are stuffed with only Boars Head products and nothing less.

- **American**
Turkey, roast beef, ham, American cheese, lettuce and tomato
- **Italian**
Genoa salami, Prosciutto, pepperoni, provolone, lettuce and tomato

3' Round Hero - 74.95 Party Bagel - 74.95

- **Godfather**
Fried chicken cutlets or grilled chicken cutlets, freshly sliced mozzarella and delicious roasted red peppers
- **The Club**
Breaded chicken cutlets or grilled chicken breast, any type of cheese (your choice), bacon, lettuce and tomato

3' Round Hero - 79.95 Party Bagel - 79.95

All Hero & Party Bagel orders come with macaroni, potato & cole slaw salads

(Heros to order require 1 day advance notice before 11am.)

(Party Bagels require 2 days advance notice before 11am.)

Fruit Platters

Sliced cantaloupe, honeydew melon, pineapples and hand-picked grapes

All of these delicious fruits are arranged beautifully in a fruit bowl

34.95 serves 12 - 15 guests

44.95 serves 20 - 25 guests

Cookie Platters

(1 Day Advance Notice)

End off your affair with a beautifully decorated platter containing an assortment of fresh baked chocolate chip, oatmeal and macadamia nut cookies, and tri-color cookies

39.95 serves 12 - 15 guests

59.95 serves 20 - 25 guests



the best tasting
HAND ROLLED BAGELS
Anywhere!!

974 FRANKLIN AVENUE • GARDEN CITY, NY 11530

T: 516-280-9210 F: 516-280-9212

88 COVERT AVENUE • STEWART MANOR, NY 11530

T: 516-437-4447 F: 516-437-2122

295 NASSAU BLVD. • GARDEN CITY SOUTH, NY 11530

T: 516-408-9998 F: 516-481-2480

HOURS: MON-FRI 6am - 4pm | SAT-SUN 6am - 3pm



www.mythreesonsbagelcafe.com



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BREAKFAST

From The Bakery

Fresh Hand Rolled Bagel	1.15
Half Dozen Hand Rolled Bagels	6.90
One Dozen Hand Rolled Bagels	13.80
Mini Hand Rolled Bagel	.85¢
Half Dozen Mini Hand Rolled Bagels	5.10
One Dozen Mini Hand Rolled Bagels	10.20
Flat Bagel	1.65
Croissant	2.25
Yogurt Muffin	2.25
Apple Turnover	2.25
Black and White Cookie	2.25
Big Chocolate Chip Cookie	2.25
Crumb Cake	2.25
Mini Muffin	1.49
Mini Danish	1.49
Assorted Cookies	.75¢

Hot Coffee and Tea Bar

Coffee Flavors:

French Vanilla | Caramel Vanilla Créame
Hazelnut | Decaf Hazelnut

Tea Flavors:

Green Tea | English Breakfast | Jasmine Blossom
Chamomile | Peppermint | Mango Passion Fruit | Wild
Raspberry | Orange Spice | Chai Spice | Lemon Ginger
Pomegranate Raspberry

	Sm.	Med.	Lg.
Coffee or Tea	1.50	1.80	2.00
Gourmet Flavor	1.75	2.05	2.25
Hot Chocolate	1.75	2.05	2.25

Iced Coffee and Tea Bar

Iced Coffee Flavors:

French Vanilla | Mocha | Caramel | Dolce Cinnamon
Hazelnut

	Med.	Lg.	XLg.
Iced Coffee	x	2.79	3.79
Flavored Iced Coffee	x	2.99	3.99
Unsweet Iced Tea	1.49	1.99	2.99
Lemonade	1.49	1.99	2.99
M.T.S. Mixer	x	2.99	3.49

Hot Espresso Bar

Espresso:

Single 1.49
Double 2.99

Americano:

Single 1.49
Double 2.99

Café Latte:

12 oz 2.75
16 oz 3.45

Flavored Café Latte:

French Vanilla | Mocha
Caramel | Dolce
Cinnamon | Hazelnut
12 oz 3.25
16 oz 3.95

Cappuccino:

12 oz 2.75
16 oz 3.45

Macchiato:

Caramel | Mocha
12 oz 3.55
16 oz 4.25

Iced Espresso Bar

Café Latte:

16 oz 3.25
20 oz 3.95

Flavored Café Latte:

French Vanilla | Mocha
Caramel | Dolce
Cinnamon | Hazelnut
16 oz 3.75
20 oz 4.45

Macchiato:

Caramel | Mocha
16 oz 4.25
20 oz 4.75

Breakfast Sandwiches & Sides

1 Egg on a Bagel	1.80
2 Eggs on a Bagel	2.60
Add: Egg Bacon Sausage Ham or Cheese	.80¢
Sub: Turkey Turkey Bacon or Turkey Sausage...	Add 45¢
Hungry Man Hero	7.65
Bacon on a Bagel	3.60
w/Cream Cheese	4.20
w/American Cheese	4.20
Grilled Cheese	4.99
Side Order Home Fries	2.25
Side Order Hash Brown Patties (2)	1.99
Side Order of Eggs (2)	1.99
Side Order of Bacon (4)	2.25
Side Order Sausage (2)	2.25
Fruit Cup	3.99

Omelettes

Plain Omelette	4.99
3 Eggs or Egg Whites	
Cheese Omelette	6.49
3 Eggs or Egg Whites with any cheese	
Garden Omelette	8.75
Chopped onions, spinach, green and red peppers, sliced mushrooms, topped with avocado	
Covert Omelette	7.85
Egg Whites, chopped turkey bacon, spinach and melted swiss cheese	
Western Omelette	7.85
Chopped green and red peppers, onions, ham and melted American Cheese	
Greek Omelette	7.85
Egg Whites, chopped spinach and tomato with melted Feta Cheese	

**All Omelette Specials come with a side of
home fries or hash brown patties (2)*

Breakfast Wraps

M.T.S. Wrap	7.05
Scrambled eggs, hash brown patty, bacon and melted American Cheese	
Greek Wrap	6.85
Egg Whites, spinach, tomato and melted Feta Cheese	
Manor Wrap	7.25
Scrambled Eggs, green and red peppers, onions, chopped turkey sausage and Monterey Jack Cheese	
Covert Wrap	8.55
Egg Whites, spinach, onions, avocado, melted cheddar cheese, turkey bacon and chipolte aioli	

**All Breakfast Wraps are made with either 3 eggs
or 3 egg whites*

Griddle

Pancakes French Toast	4.39
with 2 Eggs or Bacon, Sausage or Ham	5.99
with 2 Eggs and Bacon, Sausage or Ham	6.79
Sub: Turkey Turkey Bacon or Turkey Sausage...	Add 45¢
Pancake Toppings	.99¢ ea.
Banana Blueberry Chocolate Chip	

Lox Board

Philly Lox	8.70
Plain cream cheese on a bagel with fresh sliced lox	
The LEO	7.10
2 Eggs any style with cooked onions and sliced lox	
Avocado Lox	10.99
Plain cream cheese on a bagel with avocado, tomato and red onions with fresh sliced lox	
The Works	10.99
Plain cream cheese on a bagel with tomato, red onions, cucumber and capers with fresh sliced lox	

**All Lox Specials come with one side of macaroni,
potato, cole slaw, pickles or a
small bag of Wise chips*

LUNCH SPECIALS

M.T.S. Club	8.20
Turkey, ham, American Cheese, lettuce and tomato with mayo and mustard	
Enrico's Classic BLT	5.50
Bacon, lettuce and tomato with mayo	
Anthony's Old World Pastrami	8.40
Hot Pastrami & melted Muenster Cheese with mustard	
Nicky's Original Chicken Club	8.95
Fried chicken cutlet, American cheese, bacon, lettuce and tomato with thousand island dressing	
The Godfather	7.65
Fried chicken cutlet, roasted red peppers and fresh mozzarella with balsamic vinaigrette	
Spicy Jack	8.95
Buffalo chicken breast, melted Monterey Jack cheese, bacon, lettuce, tomato with bleu cheese and hot sauce	
Bella Maria	8.25
Cajun turkey breast, melted Muenster cheese, lettuce and tomato with thousand island dressing	
Richie	8.95
BBQ chicken breast, melted American Cheese, bacon, lettuce and tomato with BBQ sauce	
Bella Nonna	8.95
Hot roast beef, melted swiss, bacon, lettuce and tomato with mayo	
Western	8.50
Hot ham, cheddar cheese, bacon, white onions & tomato	

Let's Wrap

Wrap Choice: Plain Whole Wheat Spinach Tomato	
Turkey Delight	9.15
Honey maple turkey, Muenster Cheese, lettuce and tomato with honey mustard dressing	
Raspberry Turkey Wrap	9.25
Oven Gold turkey, swiss cheese, baby spinach, dried cranberries with raspberry vinaigrette	
Healthy Wrap	9.49
Grilled chicken cutlets and grilled marinated veggies with balsamic vinaigrette	
Grilled Veggie Wrap	8.99
Fresh mozzarella cheese and grilled marinated veggies with balsamic vinaigrette	
Italian Wrap	8.65
Salami, pepperoni, provolone, lettuce and tomato with Italian dressing	
Roman Chicken Wrap	8.99
Grilled chicken cutlets, parmigiana cheese, croutons, lettuce with Caesar dressing	
Chicken Melt Wrap	9.95
Fried chicken cutlet, melted swiss cheese, ham, lettuce and tomato with mayo	
Chipotle Chicken Wrap	10.99
Fried chicken cutlet, cheddar cheese, avocado, bacon and tomato with chipotle aioli	
Grilled Chicken Ranch Wrap	8.99
Grilled chicken cutlet, melted swiss cheese, bacon, red onion, lettuce, tomato with ranch dressing	

Panini

Antonio	9.99
Prosciutto di Parma, fresh mozzarella cheese and baby arugula with balsamic vinaigrette	
Remo	7.99
Fresh mozzarella cheese, tomato and fresh basil with balsamic vinaigrette	
Milano	9.40
Fried chicken cutlet, fresh mozzarella cheese, ham and arugula with balsamic vinaigrette	
Roma	9.40
Grilled chicken cutlet, fresh mozzarella cheese, ham and arugula with balsamic vinaigrette	

**Each Lunch Special | Let's Wrap | Panini comes with one
side of macaroni, potato, cole slaw, pickle Or small bag of
Wise potato chips*

Spreads & Salads

	On A Bagel	Price per 1/2 lb
Butter	1.80	3.25
& Jelly	2.10	x
Cream Cheese	2.40	4.40
& Jelly	2.70	x
Peanut Butter	2.40	x
& Jelly	2.70	x
Jelly	1.80	3.25
Nutella	2.40	x
Vegetable Scallion Olive Strawberry Sundried Tomato Walnut Raisin Jalapeño Garlic and Herb Cream Cheese	3.20	5.00
Light Vegetable Light Scallion Cream Cheese	3.20	5.00
Lox Spread	3.50	5.25
Tuna	5.60	5.49
Light Vegetable Tuna	5.85	5.75
Honey Mustard Tuna	5.85	5.75
Dill Pickled Tuna	5.85	5.75
Chicken Salad	5.60	5.49
Cranberry Apple Chicken Salad	5.85	5.75
Buffalo Chicken Salad	5.85	5.75
Honey Mustard Chicken Salad	5.85	5.75
Egg Salad	4.85	3.99
Whitefish Salad	5.99	7.99
Freshly Sliced Lox	7.99	14.99
Macaroni	x	3.00
Cole Slaw	x	3.00
Potato	x	3.00
Grilled Vegetables	x	4.99

Meats and Cheeses

	On A Bagel	Price per 1/2 lb
Oven Gold Turkey	5.85	5.50
Honey Maple Turkey	5.85	5.65
Cracked Peppermill Turkey	5.85	5.65
Cajun Turkey	5.85	5.65
Ham	5.60	5.25
Fried Chicken Cutlet	5.85	4.99
Grilled Chicken Cutlet	5.85	4.99
Buffalo Chicken Breast	5.85	5.65
EverRoast Chicken Breast	5.85	5.65
Roast Beef	5.85	5.99
Salami	5.35	5.39
Bologna	4.50	3.75
Pepperoni	4.35	4.89
Prosciutto	7.35	9.49
Pastrami	5.85	5.99
American Cheese	3.99	3.75
Muenster Cheese	3.99	3.89
Provolone	3.99	3.89
Swiss Cheese	3.99	3.89
Fresh Mozzarella	3.99	3.89
Monterey Jack	3.99	3.89
Cheddar	3.99	3.89

Add Ons

Tomato	.75¢
Lettuce	.75¢
Spinach	.75¢
Turkey Bacon	1.25
Avocado	1.50
Red or White Onion	50¢
Bacon	.80¢
Cheese	.80¢

Sub Bread

Hero	1.00
Wrap	1.00
Flat Bagel	1.00
Croissant	1.00

*Prices may vary and prices subject to
change without notice*